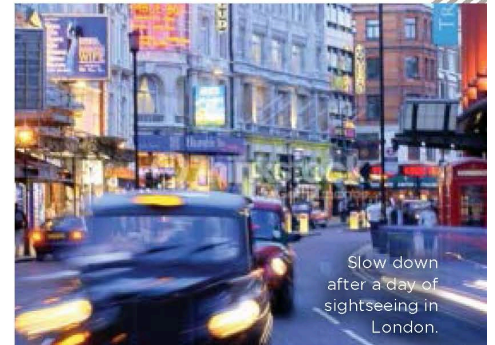


PROVENCE BY BIKE

To get a real sense of the French countryside, hop on a bicycle and let **Duvine Cycling + Adventure Company** be your guide. Travelers on the Provence Bike Tour will pedal through lavender fields, cherry orchards and vineyards en route to medieval sights and villages. The group will cover between 16 and 37 miles daily, but not without sampling regional fare and wines along the way, including picholine olives, goat cheese and slow-cooked lamb. Riders also have the option to put their strength to the test on day three of the journey, when a guide will take willing participants up Mont Ventoux, known as one of the more challenging segments of the Tour de France. The six-day itinerary starts at \$5,495 and departs several times in April, May and June. (www.duvine.com) — C.L.



Bike scenic Provence with Duvine Cycling + Adventure Company.



Slow down after a day of sightseeing in London.

SEE THE CHANNEL ISLANDS

Many people travel between England and France in a matter of hours, but **Back-Roads Touring Co.** encourages clients to slow things down — way down. On the company's 11-day London to Paris Via the Channel Islands trip, guests will sightsee in London and Dorset before island hopping from Guernsey to Sark to Jersey. The itinerary offers a unique look at British and French culture, as well as World War II history. One highlight is a meeting with Guernsey local Milly Bihet, who will share stories about the island during German occupation. The group will also have time in the walled city of Saint-Malo in Brittany and in the village of Sainte Suzanne. The tour departs regularly from May to October and begins at \$4,465 per person. (www.backroadstouring.com) — C.L.

ARCTIC ADVENTURE

Experience the expansive beauty of polar fjords and islands on **Adventure Canada's** Heart of the Arctic itinerary, which departs July 17. Cruisers onboard the 198-passenger Ocean Endeavor will travel from Canada's Inuit regions of Nunavik and Nunavut to Greenland, stopping to hike serene islands and glaciers, learn about regional customs and observe endemic wildlife, from polar bears and musk oxen to walrus and humpback whales. In Nuuk, Greenland's capital, the group will see the famous Qilakitsoq mummies, which date back to 1460. Before the journey ends, guests will cruise on Zodiacs to see a glacier on western Greenland's longest fjord. The trip begins at \$3,955 per person. (www.adventurecanada.com) — C.L.

Guests on this Adventure Canada trip will see Arctic wildlife up close.

